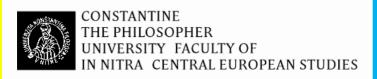


BIP

Seeds of Well-Being:
Training Future
Teachers in Health and
Environmental
Education

(June 8 - 12, 2026)

Program Booklet



ONLINE

June 1, 2026, Monday 9:00 - 13:00

- introduction of institutions and students
- presentation of the topic and program
- theoretical overview of main issues in environmental and health education, emphasising their importance in education and daily life

ON - SITE

June 8, Monday

10:00 – 12:00 registration

12:00 - 12:30 opening ceremony

13:00 - 15:00 ice-breaking activities

15:15 - 16:45 workshop 1

17:00 - 18:30 sightseeing in Nitra

June 9, Tuesday

9:00 – 10:30 workshop 2

11:00 - 12:30 workshop 3

13:30 - 15:00 workshop 4

15:30 - 17:30 teachers' forum

- workshop 1 Significance of fostering proper posture in school-age children
- workshop 2 Promoting healthy eating habits in primary schools
- workshop 3 Sustainability in nature at the primary school level
- workshop 4 Preparing bio soaps without chemistry

ON - SITE

June 10, Wednesday

9:00 – 14:00
visiting Mlyňany Arboretum
of the Slovak Academy of Sciences

15:00 - 17:00 visiting János Esterházy Pilgrimage Centre

June 4, Thursday

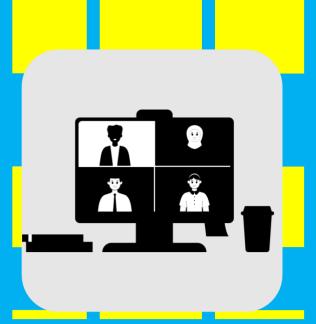
8:00 - 13:00
visits to schools
with Health and
Environmental
Education good
practice

14:00 - 17:00 group work

June 5, Friday

9:00 - 10:30 student presentations

10:30 - 12:30 feedback and conclusion



LINK FOR ONLINE MEETING

https://meet.ukf.sk/BIP_online



EVENT LOCATION

Constantine the Philosopher University in Nitra

Faculty of Central European Studies Dražovská 4, 949 01 Nitra



MAIN CONTACT PERSONS

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Thank you for being part of this BIP PROGRAM!