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# BIP

## **Seeds of Well-Being: Training Future Teachers in Health and Environmental Education**

**(June 8 - 12, 2026)**

**Program Booklet**



CONSTANTINE  
THE PHILOSOPHER  
UNIVERSITY FACULTY OF  
IN NITRA CENTRAL EUROPEAN STUDIES

# ONLINE

**June 1, 2026, Monday**

**9:00 - 13:00**

- introduction of institutions and students
- presentation of the topic and program
- theoretical overview of main issues in environmental and health education, emphasising their importance in education and daily life

# ON - SITE

**June 8, Monday**

**10:00 – 12:00**

registration

**12:00 - 12:30**

opening ceremony

**13:00 - 15:00**

ice-breaking activities

**15:15 - 16:45**

workshop 1

**17:00 - 18:30**

sightseeing in Nitra

**June 9, Tuesday**

**9:00 – 10:30**

workshop 2

**11:00 - 12:30**

workshop 3

**13:30 – 15:00**

workshop 4

**15:30 - 17:30**

teachers' forum

- **workshop 1** – Significance of fostering proper posture in school-age children
- **workshop 2** – Promoting healthy eating habits in primary schools
- **workshop 3** – Sustainability in nature at the primary school level
- **workshop 4** – Preparing bio soaps without chemistry

# ON - SITE

## June 10, Wednesday

**9:00 – 14:00**

visiting Mlyňany Arboretum  
of the Slovak Academy of Sciences

**18:00 - 20:0**

dinner

**15:00 - 17:00**

visiting János Esterházy Pilgrimage Centre

## June 4, Thursday

**8:00 – 13:00**

visits to schools  
with Health and  
Environmental  
Education good  
practice

**14:00 - 17:00**

group work

## June 5, Friday

**9:00 – 10:30**

student presentations

**10:30 – 12:30**

feedback and  
conclusion



## LINK FOR ONLINE MEETING

[https://meet.ukf.sk/BIP\\_online](https://meet.ukf.sk/BIP_online)



## EVENT LOCATION

Constantine the Philosopher  
University in Nitra

Faculty of Central European Studies  
Dražovská 4,  
949 01 Nitra



## MAIN CONTACT PERSONS

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**Thank you for being  
part of this  
BIP PROGRAM!**